

Working in concert with the dermatologist, our estheticians are able to offer the highest level of skin care possible.

APPOINTMENTS

Our office hours are from 8:00 AM to 5:00 PM; Tuesday and Wednesday until 7 PM in Bethesda; Saturdays 8:00 AM to 12:00 Noon in Bethesda.

Please provide us with at least 24 hours advance notice for any appointment changes. This will enable us to better accommodate another patient.

CANCELLATION & "NO SHOW" POLICY

Failure to cancel appointments within 24 hours or no shows will result in a charge of \$75.00 up to the full fee of the procedure.

PRESCRIPTION REFILLS

Prescription refills are handled during office hours when we have full access to your medical records. Refills are not routinely filled on holidays, weekends, or if you have not been seen for more than six months

FEES, PAYMENT & INSURANCE

We participate in many insurance plans. Please be certain to provide our office with completed and signed insurance forms, billing information (insurance card) and all required referral and authorization forms prior to, or at the time of each visit.

For our patients who do not carry medical insurance, we do ask for full payment at the time services are rendered by check or credit card. All elective cosmetic procedures must be paid for in advance.

Website:

www.dermskin.com

E-mail:

info@dermskin.com

Dermatology & Clinical Skin Care Center & Dermedi Spa

Rejuvenation of Aging Skin	Moles, Age Spots
Cosmetic Laser Surgery	Photo Rejuvenation
Liposuction	Hair Transplantation
Cellulite Treatments	Plastic Surgery
Sclerotherapy	Permanent Make-up
Spider Vein Treatment	Complete Skin Exams
Collagen	Specialized Skin Care Products
Botox®	Thermage™
Chemical Peels	ClearLight™
IPL Hair Removal	Restylane®
Skin Cancer	Microdermabrasion
Acne & Acne Scars	Xtrac Psoriasis Treatment
Wrinkles	Facials
V Beam	Gentlewaves®
Mohs Cancer Surgery	PhotoDynamic Therapy

Roberta F. Palestine, M.D., P.A.

Joseph I. Lee, M.D.

Alison Ehrlich, M.D.

Khalique S. Zahir, M.D.

Thomas C. Yu, M.D.

Call 301-530-8300 for a consultation about your individualized state-of-the-art treatment

The Champlain Building
6410 Rockledge Drive, Suite 201
Bethesda, Maryland 20817

Germantown Office
19735 Germantown Road, Suite 210
Germantown, Maryland 20874

www.dermskin.com

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FAX: 301-530-4638

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Welcome to Our Practice:

Thank you for selecting The Dermatology and Clinical Skin Care Center. Your trust and confidence in choosing us for your skin care are greatly appreciated. We will do the utmost to provide you with the highest standards of medical and surgical care combined with compassion and understanding.

Helping people to look their personal best with the minimum of downtime is Dr. Palestine's practice philosophy. She believes in a global approach, so that the skin of the face is in harmony with other visible areas such as the neck, chest, and hands.

The Dermatology & Clinical Skin Care Center is a full service practice, with board-certified dermatologists, plastic surgeon, esthetician and spa services all integrated to provide the most comprehensive skin care available.

Our Philosophy:

We are a full service office, providing general medical dermatology, dermasurgery, cosmetic dermatology, lasers, plastic surgery, and esthetician and medical spa treatments all under one roof. This allows us to develop a coordinated treatment plan that is customized for the individual patient.

We are dedicated to providing the highest level of patient care. This includes providing every patient with:

- *A Caring Atmosphere:* We take time to listen and answer your questions fully.
- *Educational Support:* A well-informed patient is an asset to successful treatment and prevention. We provide you with a thorough explanation of your diagnosis and treatment options.
- Helping people to look their personal best with the minimum of down time.

Our Director and Founder:



Dr. Roberta Palestine is a board-certified dermatologist who has been practicing in Bethesda, MD since 1982. She received her medical degree from the University of Rochester School of Medicine in 1978, and did her dermatology residency at the world-famous Mayo Clinic, receiving the coveted Paul A. O'Leary Award in recognition of excellence in patient care. She believes in listening to the patient and in customizing a treatment for each individual's skin type and needs. She is especially interested in the latest "no down time" procedures that are extremely effective and

practical for today's busy lifestyles. Dr. Palestine has assembled a top team of board certified dermatologists and plastic surgeons to ensure the quality of her patient's care.

In Office Treatments

General Dermatology: Periodic complete skin exams are a large part of what we do, since early detection of skin cancer is so important. We treat the full range of medical and surgical dermatology, including acne, warts, psoriasis, moles, eczema, rosacea, rashes, cysts, and nail and hair disorders.

Thermage™: This non-surgical facelift uses radiofrequency waves to lift and tighten the face and neck skin with no downtime. The improvement is especially noticeable around the eyes, the jawline and upper neck, and the nasolabial folds. This remarkable procedure takes about 1 hour and there is no recovery time.

Laser Surgery: Laser treatment is a precise, predictable and safe procedure. We use advanced laser technology to erase wrinkles, remove age spots, brown spots, smooth acne scars, remove hair, and eliminate spider veins from the face. Our newest lasers have no down time.

Chemical Peels: We perform various depths of chemical peels customized to each patient's needs. The peels are used to improve the appearance of wrinkles, brown spots, acne and general skin texture.

Sclerotherapy: We inject spider veins on the legs with sclerosing solutions to collapse them. This is a very effective and popular procedure.

Botox® Injections: Botox blocks the impulses from the nerve to the tiny muscles that are related to "expression lines" so that they don't contract and cause wrinkles.

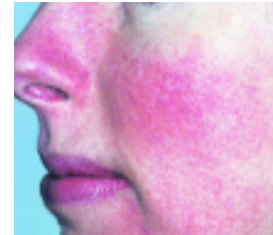
Collagen and Hyaluronic Acid Injections: Collagen and hyaluronic acid are safe, natural substances used to smooth out wrinkles and some scars.

Skin Cancer: Mohs micrographic surgery is state of the art treatment for skin cancer in which the physician serves as surgeon, pathologist and reconstructive surgeon. It is the most exact and precise means of removal.

Our Estheticians are properly trained, licensed and certified. We offer consultations to analyze your skin and recommend a specialized program of total skin rejuvenation designed to address your specific skin condition. Our services include deep pore cleansing, facials, chemical peels and hair removal.



Before and After Thermage



Before and After Photo Rejuvenation



Before and After Botox Treatments



Before and After Restylane Treatments



Before and After Leg Vein Treatment