

"It takes a professional to obtain professional results."

—ROBERTA F. PALESTINE, MD

beauty with medicine

Celebrating 25 years in practice, Dr. Roberta F. Palestine believes in a global approach, working with four other dermatologists, a plastic surgeon, a nurse practitioner and physician's assistant, as well as three aestheticians. Well-credentialed and diversified in a broad array of treatments, the Mayo Clinic-trained dermatologist believes health, aesthetics and a more youthful appearance go hand-in-hand.

Located in both Bethesda and Germantown, Maryland, Dermatology & Clinical Skin Care Center provides a full-service dermatological office, offering a full range of cosmetic, medical and medi-spa services, with a multidisciplinary focus. With an all-encompassing range of treatments available, Dr. Palestine addresses everything from sun-damaged, aging skin to wrinkles, acne scarring and early skin-cancer detection. "Full-service dermatology isn't just about the face," explains Dr. Palestine, who favors minimally invasive techniques and procedures. "It's about prevention, health and educating patients on how to become proactive in the maintenance of their skin. Every procedure I perform is done with an emphasis on improving the health and self-confidence of my patients, with the goal of minimizing recovery periods and the need for invasive surgery."

Dr. Palestine customizes each treatment to her patients' needs, goals, objectives and comfort levels. "I listen attentively to what my patients tell me and then gear my technique toward their concerns and motivations," she says. "I always explain everything in great detail. Having undergone many of the same treatments my patients have, I am better able to answer their questions and relate to them. My patients say I am warm, friendly and caring, which helps put them at ease and makes for a comfortable experience." Dr. Palestine believes her patients deserve what she calls "top-quality services from accomplished, talented providers." "I have both the training and experience to help my patients get the results they are seeking."



ROBERTA F. PALESTINE, MD

BOARD CERTIFICATION
American Board of Dermatology

MEDICAL DEGREE
University of Rochester School of Medicine

INTERNSHIP
Mayo Clinic-Dermatology Department

RESIDENCY
Mayo Clinic-Dermatology Department

AFFILIATIONS
American Society for Dermatologic Surgery
American Society for Laser Medicine and Surgery
American Academy of Dermatology

PROCEDURES PERFORMED
Fraxel® SR 1500 Laser
Thermage®
Aesthetic Injectables (Botox®, Juvéderm™, Restylane®, Radiesse®)
Laser Hair Removal
Skin Rejuvenation
Acne Treatments
Skin Cancer Detection and Treatment

LOCATIONS
Bethesda, Maryland
Germantown, Maryland
301.530.8300

WEB SITE
www.dermskin.com

FULL-SERVICE DERMATOLOGY



"The SkinMedica® TNS Recovery Complex® enhances skin texture, reduces the appearance of age spots and improves skin elasticity," says Dr. Palestine.

"I believe in a comprehensive approach to treatment," says Dr. Palestine, who explains each procedure in depth before and during treatment to **REASSURE HER PATIENTS** and make them feel involved in all aspects of their care. "I like to **TREAT THE WHOLE BODY**, not just the face. Sometimes patients will come to me with a facial concern without considering their neck. I like to focus on the surrounding facial areas to ensure against an evident cut-off line between the treated and untreated areas." As a result, Dr. Palestine achieves soft, natural-looking outcomes that **LEAVE PATIENTS LOOKING REFRESHED**, not as though they received any type of facial rejuvenation. Additionally, her inclusiveness doesn't stop there. Going above and beyond, Dr. Palestine looks at each patient from a **SYNERGISTIC POINT OF VIEW**, tailoring his or her dermatologic care to attain optimum outcomes. She emphasizes that multiple doctors on staff lends for more thorough combination therapies. "Sub-specialization within the practice enables patients to gain additional insight they wouldn't otherwise have easy access to," she explains. "Our multidisciplinary practice combines the skills of multiple professions to help patients look their personal best."