

SKIN CARE CONSULTATIONS

Our complimentary consultation with the esthetician starts with an in-depth analysis reviewing environmental, medical, topical, and lifestyle considerations affecting the condition of your skin. Following the analysis, a customized facial and/or body treatment program along with an appropriate home skin care regimen will be recommended. Please allow up to 30 minutes for the consultation.

APPOINTMENTS

We require the courtesy of a 24-hour advance cancellation; otherwise the appointment may be subject to a service fee. Some treatments require a deposit at the time of scheduling.

PAYMENT

Payment is due at the conclusion of your Spa treatment. We accept checks, cash, MasterCard, Visa and American Express. We also offer extended payment plans through Care Credit and Capital One. Some treatments require a deposit at the time of scheduling.

GIFT CERTIFICATES

Gift Certificates are available for any of our treatments, packages, or products. Please contact our Spa Receptionist for more information.

REFERRAL REWARDS

Our patients are our best advertisement. We know you have many friends, relatives, and associates that you may refer to us. For each new spa patient you refer to us that purchases a service valued at \$100 or more, you will receive a \$25 gift certificate for use in the spa.

MEDICAL SPA PACKAGES

Packages of multiple treatments are offered as seasonal promotions, or as an individually customized treatment program suggested by our staff.

Discounts are available on packages of all our services.

DERMEDI SPA

HOURS OF OPERATION

Monday & Friday	8 – 5:00
Tues, Wed, & Thurs	8 – 7:00
Saturday	8 – 1:00

DerMediSpa Staff



Ana L. Edgar, Licensed Esthetician

Ana attended the Von Lee International School of Esthetics in Baltimore, Maryland. She specializes in medical esthetics and earned a certificate with the E.T.S./International Council of Education. She is also certified as a Permanent Cosmetics/Micro pigmentation Specialist. Ana has a special interest in sharing her expertise in proper skin care with her clients.



Olena Kovalchuk, Licensed Esthetician

Olena trained in Paris, France at the International School of Estheticians and received the French University Degree in Esthetics/Cosmetics. She subsequently elected to specialize in medical esthetics in the USA, and received further training in chemical peels, and Obagi Skin Care Restoration. Olena is a certified Aesthetic Medical Specialist and is a member of the Society of Dermatology Skin Care Specialists.

Olena has won several awards, including Washingtonian magazine's Best Facial. She takes pride in providing rigorous, scientific-based, results-oriented treatments.



Susette Lapina, Licensed Esthetician

Susette is a native of London, England where she received her initial qualification from the Steiner Beauty Therapy School in 1999. Licensed in Maryland and Washington, D.C. since 2002, she is a member of the Confederation of International Beauty and Cosmetology Therapists. She provides a full range of medical esthetic treatments and is certified in the Obagi System, Endermologie and chemical peels.



Roberta F. Palestine, M.D.

Roberta F. Palestine, M.D. is the founder and medical director of the DerMediSpa and Dermatology & Clinical Skin Care Center and has been in practice since 1982. Dr. Palestine is a board certified dermatologist. She received her undergraduate degree from Cornell University, her medical degree with honors from the University of Rochester, and she attended the world-famous Mayo Clinic for her residency in dermatology. At Mayo, she received the coveted

Paul A. O'Leary Award in recognition of excellence in patient care. Dr. Palestine has been practicing dermatology for more than 25 years. She has a great interest in cosmetic dermatology and focuses on minimal and no-down time procedures. Dr. Palestine believes in customizing treatment for each patient, to help them look their very best in a natural way.



*Pampering
Spa Treatments*
with Clinical Results



Roberta F. Palestine, M.D.
Medical Director

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Bethesda, MD 20817
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301-968-1200

FACIAL TREATMENTS

Customized facial treatments to address problem skin conditions.

Mini Facial (30 min).....	\$75.00
Acne Facial (40 min).....	\$75.00
Customized Facial (60 min).....	\$100.00
DerMediSpa Facial including Gentle Waves (80 min).....	\$150.00
Gentle Waves	\$75.00
<i>A series of treatments are recommended. Discounted packages are available.</i>	
Exfoliation/Extraction (20 min)	\$50.00
Rosacea/Hypersensitive Skin Treatment <i>incl. Gentle Waves</i> (60 min)	\$100.00
IPL Photo Facial Rejuvenation (40 min).....	from \$300.00
<i>A series of treatments are recommended. Discounted packages are available.</i>	

JUST FOR TEENS (12-18 years old)

Prevention can be the key to a lifetime of good skin.
Start now by regularly having your skin deep-cleaned and treated.

Teen Clean Facial

w/educational consultation (40 min)	\$65.00
w/o educational consult (30 min).....	\$50.00

JUST FOR MEN

Special treatments designed to meet a man's needs.

Express Skin Treatment (30 min)	\$50.00
Exfoliating Fitness Facial (60 min).....	\$100.00
Grooming Facial (70 min)	\$130.00
Men's Chest or Back Waxing	from \$50.00

FACIAL PEELS

A skin care consultation is required prior to having any manual, chemical or enzymatic peel treatments for the first time.

Glycolic or Lactic Acid Peel (20 minutes)	\$55.00
Beta Lift Peel (20 minutes).....	\$100.00
Blue Peel (40 minutes)	\$200.00
Dermapeel (Microdermabrasion) (40 minutes)	\$175.00
Vitalize Peel (20 min)	\$175.00
Illuminize Peel (20 min)	\$125.00

TINTING OR BLEACHING OF FACIAL HAIR

Colors available are deep black, graphite, brown, medium brown and auburn.

Lash tint	\$25.00
Brow tint	\$25.00
Lash/Brow tint	\$35.00

HAIR REMOVAL TREATMENTS

Traditional Waxing

We use an effective sensor wax that is appropriate for almost any skin type.

Brow design	from \$25.00	Lower legs	from \$40.00
Brow maintenance	from \$15.00	Full legs	from \$70.00
Upper lip	from \$15.00	Underarms	from \$20.00
Chin	from \$15.00	Forearms	from \$35.00
Sides of face	from \$20.00	Full arms	from \$50.00
Bikini line	from \$35.00	Men's Chest/back	from \$50.00

Laser Hair Removal with GentleYAG® and GentleLASE®

For permanent hair reduction, the GentleLase and GentleYAG are premiere lasers from Candela, which safely treat all skin types. Due to the high peak power specifications, no other laser is able to match this efficacy of hair reduction. These lasers are operated by licensed medical providers.

JANE IREDALE MINERALS™ SKIN CARE MAKEUP

Makeup Lessons (30 minutes)

*cost of service is applied towards purchase of makeup.

- I. Foundation, concealer, highlighting and shading
- II. Eyes and Eyebrows
- III. Blush and Lips

A series of all three sessions is available for \$120.00

PERMANENT MAKEUP

Consultation & Patch Test	FREE*
Corrective & Camouflage	QUOTE
Pigment Lightening	\$90.00
Eyebrow Enhancement.....	\$275.00
Full Eyebrow Design	\$450.00
Eyelash Enhancement.....	\$200.00
Upper or Lower Eyeliner.....	\$295.00
Upper Eyeliner – Double	\$375.00
Upper and Lower Eyeliner	\$450.00
Double Upper and Lower	\$525.00
Lip Liner	\$350.00
Full Lips (1-3 applications)	\$750.00

BODY ENHANCEMENT

LPG Endermologie (40 min)

Bodysuit is required.	\$100.00
Package of 6	\$540.00
Package of 12	\$960.00
Package of 18	\$1260.00
Body Suit	\$40.00 (Included with package price)

BODY MASSAGE THERAPIES

Therapeutic and/or Calming Massage

Hot Stone Massage (70 min)	\$150.00
Swedish Massage (30/60/90 min).....	\$50.00/\$100.00/\$140.00
Deep Tissue Massage (30/60/90 min) ..	\$60.00/\$120.00/\$160.00

BODY TREATMENTS

Relaxing, pampering and effective body treatments customized to your needs.

Deep Cleansing Back Treatment (40 min)	\$95.00
Alpha/Beta Body Peel (30 minutes)	Starts from \$200
Body Microdermabrasion	Starts from \$250

CLINICAL COSMETIC SERVICES

The following treatments require a complimentary consultation with the medical provider in conjunction with the cosmetic coordinator. They will listen to your aesthetic concerns and assess which treatments are best suited to your needs. Some treatments may be performed on the same day as your consult.

Aesthetic Injectables

Botox™

Dermal Fillers: Restylane®, Perlane®, Juvaderm™, Radiesse®, and Sculptra™

Fraxel® Skin Resurfacing

Thermage® for Skin Tightening

Hair Removal with GentleLase/GentleYAG

Clearlight

Photodynamic Therapy

Sclerotherapy for Treatment of Spider Veins

Laser for Treatment of Facial Redness or Facial Veins

Plastic Surgery and Liposuction

Our plastic surgeon will consult with you on the full complement of surgical procedures, including face lift, tummy tuck, breast procedures and liposuction.