

APPOINTMENTS: We request the courtesy of a 48-hour advance cancellation; otherwise the appointment will be subject to a service fee. Some treatments require a deposit at the time of scheduling. We schedule acne treatments Monday-Friday.

PAYMENT: Payment is due at the conclusion of your Spa treatment. We accept MasterCard, Visa, Discover, and American Express. We also offer extended payment plans through Care Credit and M-Lend. Some treatments require a deposit at the time of scheduling.

GIFT CERTIFICATES: Gift certificates are available for many of our treatments, packages, or products, or you can purchase a gift card with an amount that you select. Please contact our Spa Receptionist for more information.

PATIENT REFERRAL PROGRAM: Our patients are our best advertisement, and we want to reward you! Our patient referral program is designed to thank you for your trust in us. For each new patient that you refer to our practice, you receive a \$25 gift certificate for spa or cosmetic services.

CHILDREN'S POLICY: We kindly request that all children under the age of 12 wait in our Medical Waiting Room, which is right next door. It is also best not to bring children into the treatment rooms, for their safety. *We do not allow pets in our MedSpa, except for service dogs.*

BETHESDA

The Champlain Building
6410 Rockledge Drive
Suite 205
Bethesda, MD 20817
Tel: 301-968-1200
Fax: 301-530-4638

DC-SIBLEY

5215 Loughboro Road NW
Suite 140
Washington DC 20016
Tel: 202-244-4550
Fax: 202-244-3198

GERMANTOWN

Shady Grove Adventist Medical Center II
19735 Germantown Road, Suite 210
Germantown, MD 20874
Tel: 301-444-0153
Fax: 301-444-0158

HOURS OF OPERATION

Monday & Friday8:00-5:00
Tuesday-Thursday8:00-7:00
Saturday8:00-1:00

Please see our website for more information

WWW.DERMSKIN.COM



THE
**DERMATOLOGY
CENTER**

ROCKLEDGE**MED**SPA

Cosmetic & Medical Dermatology Services

*Spa treatments with
Clinical Results*



ROBERTA F. PALESTINE, M.D.
Medical Director

THREE LOCATIONS

Bethesda, Germantown, Washington DC

DELUXE FACIALS

Customized clinical facial treatments to brighten, tighten, and tone the skin, improve texture and appearance, and address problem skin conditions. These will leave you glowing, supple, radiant, and pampered.

ROCKLEDGE SIGNATURE FACIAL WITH GENTLE WAVES* (60 min)\$225

Our custom-blended treatment contains antioxidants and anti-aging products formulated to penetrate deeply for maximal effect, while exfoliating, hydrating, rejuvenating and protecting the skin.

INNOVATIVE DELUXE FACIAL (60 min)\$175

This intensive anti-aging clinical facial is designed to rapidly and safely resurface the skin, reduce the appearance of fine lines and wrinkles, hydrate, smooth and soften the skin, and encourage cell renewal. **Deluxe facial includes a shoulder, neck, and facial massage. **

ANTI-AGING FACIAL (50 min)\$130

Nourish your skin with an oxygen-enriched facial. After cleansing, exfoliating and a facial massage, a mask is applied for a rejuvenating and age defying boost. Hydrates, provides antioxidant protection, and promotes tissue regeneration.

VITAMIN C FIRMING FACIAL (50 min)\$130

This effective and vitamin-infused facial tightens the skin, replenishes hydration, helps improve blood circulation, reduces inflammation, and improves cell growth. Includes a facial massage.

FIRE AND ICE FACIAL (40 min)\$125

Also known as the "Red Carpet Treatment" for its instant brightening, tightening and smoothing effects. This is an intensive clinical treatment designed to resurface the skin, reduce fine lines and wrinkles, smooth and soften, while encouraging cellular renewal.

CANCER CARE HARMONY FACIAL

(40 min)\$125

This soothing and revitalizing facial is designed to gently awaken the senses while encouraging a restorative balance of harmony to the skin. Calming and hydrating, it will restore tone, clarity, resilience, and a healthy glow to fatigued skin. This is designed for patients who have been through radiation or chemotherapy.

CUSTOMIZED FACIAL (60 min)\$120

Your therapist will customize a treatment to address your unique skin conditions. Includes individualized products, treatments, and facial massage.

SENSITIVE SKIN FACIAL WITH GENTLE

WAVES* (60 min)\$115

This results-oriented and pampering facial for patients with sensitive skin or rosacea will nourish, hydrate, and restore skin. Designed to calm, soothe, and eliminate redness and irritation.

ACNE BE GONE FACIAL (30 min)\$75

For clients with acne and over-active oil glands, this treatment draws out impurities, reduces oil production and provides balanced hydration.

* Gentle Waves is available only in our Bethesda location

JUST FOR TEENS (12-18 YEARS OLD)

Prevention can be key to a lifetime of good skin. Start now by regularly having your skin deep-cleaned and treated.

TEEN CLEAN FACIAL (40 min)\$65





MINI SPA TREATMENTS AND ADD-ONS

EXPRESS FACIAL (30 min)\$75

MICRODERMABRASION –FACE (40 min) ...\$175

Non-invasive, no downtime polishing of the skin using a special diamond chip wand that will gently remove the outer layer of skin, stimulates collagen and new skin cell growth.

Other areas (neck, back, and chest) priced upon request

Mini Microdermabrasion (25 min)\$100

GENTLE WAVES\$75

This treatment uses LED to stimulate collagen production, helps diminish the appearance of fine lines and wrinkles, reduces skin redness, inflammation, and promotes healing following other treatments.

NECK AND DÉCOLLETÉ FIRING MASK ..\$35

Firms and hydrates this sensitive area, leaving a more youthful appearance of neck and décolleté. Great right before an event.

SEASONAL MASKS\$35

Ask about our seasonal selection of masks, tailored to address your skin's needs in the different seasons of the year. Whether you need hydration, brightening, tightening, or any other treatment, we'll help you find the best one for you.

BRIGHT EYES\$35

This 15 minute pampering add-on treatment alleviates facial stress, and hydrates and firms the delicate tissue around the eye area. Helps to suppress fine lines, dark circles and puffiness. Leaves eyes refreshed and toned.

FACIAL PEELS

A skin care consultation is required prior to having any manual, chemical or enzymatic peel treatments for the first time.

Skin Medica Peels - 3 levels of exfoliation

ILLUMINIZE PEEL (30 min)\$125

(Level 1) Tightens the skin and restores a more youthful appearance. Improves clarity, color and skin texture and leaves a radiance and glow.

Little or no visible peeling.

VITALIZE PEEL (30 min)\$175

(Level 2) Helps fight the effects of time, sun damage, and environmental impurities. This powerful yet non-damaging peel can take years off aging skin.

REJUVENIZE PEEL (30 min)\$225

(Level 3) Effective for use on skin with sun damage, melasma, pigmentary changes and acne scarring. Controlled exfoliation of the uppermost damaged layers of the skin to reveal fresher and healthier skin.

GLYCOLIC PEEL (30 min)\$55

The “green” peel. This natural peel combines fruit acids with other natural ingredients to boost skin rejuvenation and appearance. This peel is good for almost everyone.

SALICYLIC ACID PEEL (30 min)\$100

This is a 20% or 30% salicylic acid peel that is excellent for thicker, oily skin, acne/ problem skin or even for resistant mature skin that has enlarged pores. This peel is very exfoliating.

MELANAGE PEEL\$850

An intensive peel to treat hyperpigmentation, pigmented blemishes on the skin and melasma.

MINI MELANAGE PEEL\$250

This treatment consists of one or more peels and is designed to significantly improve uneven skin tone, decrease pigmentation and brown spots, increase collagen production, and improve the skin's texture and appearance.

FAT REDUCTION TREATMENTS

COOLSCULPTING BY ZELTIQ

A revolutionary procedure using Cryolipolysis to shrink fat cells. Completely non-invasive, safe, and no downtime. Clinically proven to reduce fat in the treated areas. One hour treatment per area.

Small area:\$700
Medium/Large area:.....\$1400

HAIR REMOVAL TREATMENTS

LASER HAIR REMOVAL (for all skin types)

For permanent hair reduction, we have top quality lasers that are effective and safe for all skin types. These lasers are operated by licensed medical clinicians. Laser hair removal requires a series of treatments to reach the desired results. Price at consultation, packages available.

WAXING

Brow design from \$25
Brow maintenance from \$15
Upper lip from \$15
Chin from \$15
Sides of face from \$20
Other areas priced upon request

TINTING OF FACIAL HAIR

Colors available are deep black, graphite, brown, medium brown, and auburn.

Lash tint\$30
Brow tint\$30

JANE IREDALE MINERALS SKIN CARE MAKEUP

MAKEUP APPLICATION OR LESSON

(30 min)\$60
Top quality mineral makeup that is beautiful and suitable for all skin types. It is also good for your skin, and some products even contain SPF. Makeup is available for purchase.

PERMANENT MAKEUP

Consultations Complimentary
Full Eyebrow Design \$450
Upper or Lower Eyeliner \$295
Upper Eyeliner- Double \$375
Upper and Lower Eyeliner \$450
Double Upper and Lower \$525

CLINICAL COSMETIC SERVICES

The following treatments require a consultation with the medical provider in conjunction with the cosmetic coordinator. They will listen to your aesthetic concerns and assess which treatments are best suited to your needs. Some treatments may be performed on the same day as your consult.

FRAXEL

THERMAGE

TATTOO REMOVAL

IPL PHOTO FACIAL REJUVENATION

(40 min) from \$300
Photodynamic therapy for acne and anti-aging

PLASTIC SURGERY AND LIPOCONTOURING

CLEARLIGHT FOR ACNE

SCLEROTHERAPY FOR TREATMENT OF SPIDER VEINS

VBEAM LASER FOR TREATMENT OF FACIAL

REDNESS OR FACIAL VEINS

LIQUID FACELIFT/ FACIAL VOLUMIZING

AESTHETIC INJECTABLES

DYSPORT, BOTOX

DERMAL FILLERS:

Restylane®, Perlane®, Juvederm®,
Radiesse®, Sculptra®

PACKAGES: For many of the above services a series of treatments is recommended. Services bought in a package are offered at a reduction, available for treatments purchased in a series of four. We also offer seasonal package promotions. Please ask our front desk for more details.

SKIN CARE CONSULTATIONS: Our complimentary consultation with the esthetician starts with an in-depth analysis reviewing environmental, medical, topical, and lifestyle considerations affecting the condition of your skin. Following the analysis, a customized facial and/or body treatment program along with an appropriate home skin care regimen will be recommended. Please allow up to 30 minutes for the consultation.

